# Food Security, Agriculture & Nutrition Cross cutting theme Plant, livestock and human health (Zoonotic diseases)



"Health Perspective vis a vis Zoonosis, Sanitation & Hygiene & Nutrition-Stunting Emergency"



Habib Bokhari
Department of Biosciences
COMSATS University Islamabad

### CHALLENGES/IMPETUS/Economic and social impact: Impact on public policy

The following predictions underscore the broad dimensions of dramatic changes by 2030 using 2013 as a baseline.

from 7.1 to 8 billion people: Urbanization growing by almost 60 % The global population-

Demand for food & energy will 35% and 50% respectively





By 2050 we'll need to feed two billion more people. How can we do that without overwhelming the planet?

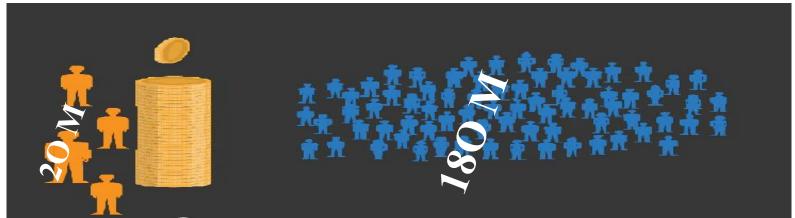
#### FOOD SECURITY & Nutrition (IMPETIC

	100	D DLCCIII I		MI 121 (CO)
LIVESTOCK	Cattle &	Sheep &	Camels,	STATISTICS
(Head of livestock)	Buffaloes	Goats	Horses & Others	3-trillion US\$ Halal Product Industry
	Millions	Millions	Millions	Halal Meat Sector Pakistan's Contribution
~200 millio	n >80	>100	~4.4	\$600 billion \$115 million

- Pakistan: Among top 20 countries-Meat Production i.e. >1000 million tons/year
- ➤ MULTI-BILLION \$ INDUSTRY (Pakistan: >8 Million Families: >1500 Billion Rs. GDP: ~12%: Growth Rate ~3.7% compared to Agriculture ~1.3%
- ➤ Vaccination Coverage in Pakistan: Livestock varies from 15-80% (disease based)

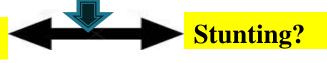
# > Knowledge Based Economy- Polarized Society

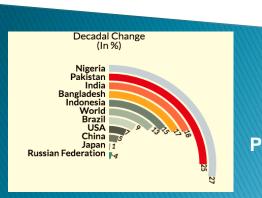
- > Knowledge Based Economy
- **❖** Vibrant Youth: Statistics (~30% Age Group-15-29; 64% Age Group of Age 30)



~ 44%Out of School Children 5-16-UNICEF ~8 Million Children with Stunted Growth (Impaired Physical & Cognitive Development

**Intellectual Disaster** 











Enteropathogens

Protein: 17 grams to 27 grams

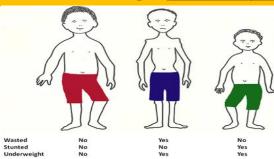




# Vicious Cycles of Stunting: <u>Poverty and Zoonosis hotspot</u>









#### FOR NORMAL GROWTH & DEVELOPMENT "3" CONDITIONS MUST BE MET

GOOD Growth Development

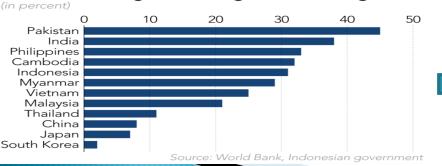
NO excess of symptomatic common infections such as Diarrhea, Respiratory tract infections, Malaria etc.

DIET Provides Micro & Macro Nutrients in Bioavailable Form

Campylobater , EPEC, ETEC, EAEC, Shigella, Norovirus etc.



Children under age 5 suffering from stunted growth



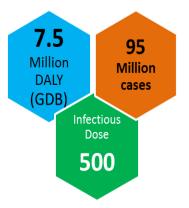
PROVINCIAL ~30-48%

# Campylobacteriosis

Diarrhea – second leading cause of death in children Globally, 1.7 billion cases every year

**Mortality rate – 7.6 million per year (children under five)** 

Annual incidence of 4.4-9.3/1000 population in developed countries



Percentage of fresh chickens that tested positive for the presence of campylobacter

73%

69%

IVA



67%

**Pakistan** 

90%

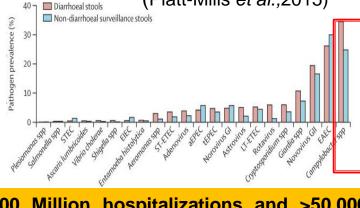
80%

70%

60%

78%

ASDA



(Platt-Mills *et al.*,2015)

100 Million hospitalizations and >50,000 deaths per year due to naturally occurring food-borne illness in Pakistan

Therefore, developing robust methodologies for attributing outbreaks to proper sources is essential for

ecurity and biosafety

# CASE STUDY OF FOODBORNE PATHOGEN- Campylobacter jejuni- Source Tracking & Associated Antibiotic Resistance



Environment/Sanitation/Hygiene Health

Watery & Bloody Diarrhea??

## **WHO- High Priority Pathogen**

Enterococcus faecium Staphylococcus aureus Helicobacter pylori Campylobacter spp.

Macrolides-resistant
Fluoroquinolone-resistant
Salmonellae
Neisseria gonorrhoeae

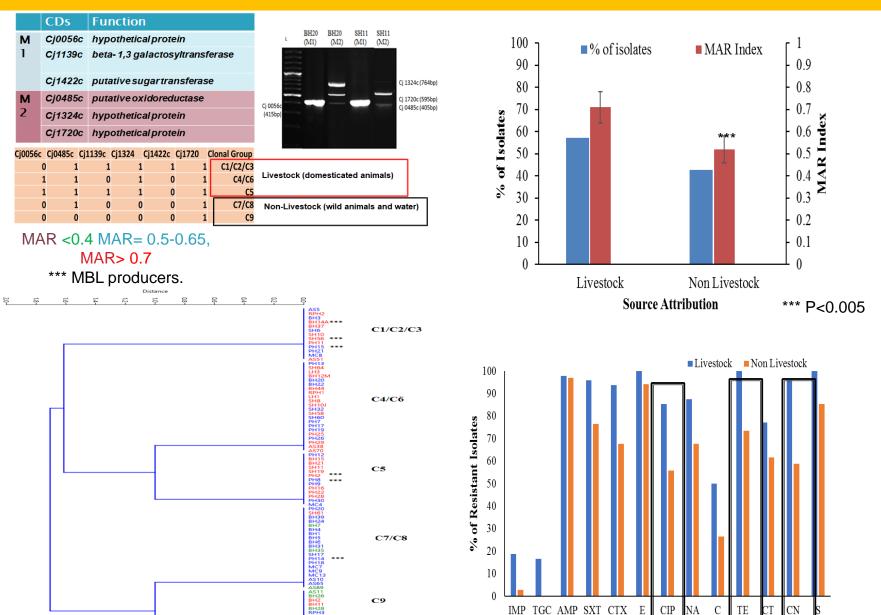


GBS is emerging threat among AFP cases in South-east Asia? Pakistan??

The combination of an increase in multidrug-resistant pathogens, shrinking therapeutic pipelines, and enhanced access to health care has the potential to produce a health crisis.

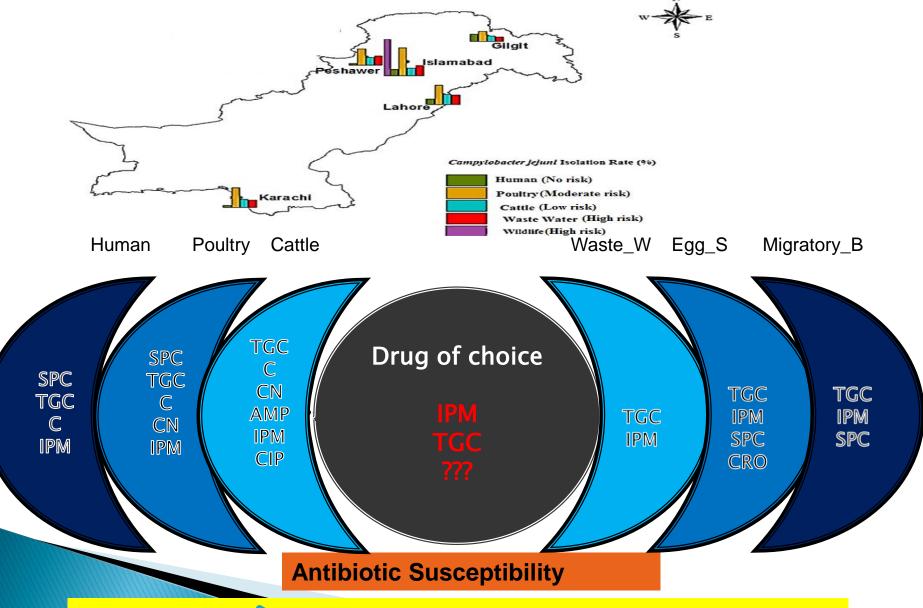
# Source Attribution & Antibiotic Resistance Profiling: Estimation of relative contributions of

different sources to burden of MDR human illness

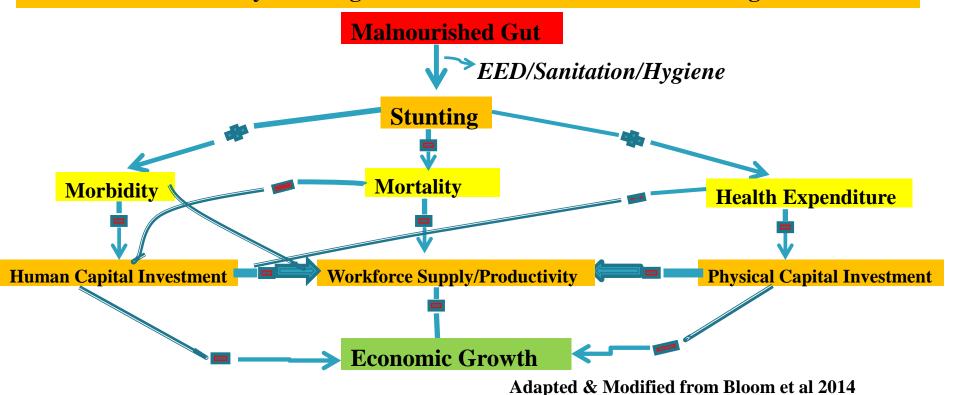


#### MONITORING IS ESSENTIAL

#### Map Showing Location of *C. jejuni* Isolates from Different Sources



# Conclusions and Way Forward Pathways Linking Stunted Growth to Economic Stunting



Fall in Child Stunting in Many African Countries Attributed to:

- > Better Child-Maternity Care
- > Improved Nutritional Status

Improved Gut Functions (Gut Microbiota-EDD/Sanitation/Hygiene)

## Farming Practices: Backyard Poultry-Survival and Persistence in Environment

**PAKISTAN**: PM Imran Khan's initiative for backyard poultry/small livestock holding inaugurated



#### Nutrients Deficiency + Environmental Pollution/Biosafety/Behavior



~20 Million Out of School Children (5-16)



#### **Interventions**

Feeding
Practices/Micro& Macronutrients

Maternal Nutrition **Improved Sanitation** 

Improved Farming
Practices-Occupational
Hazards
Poultry/Livestock

Improved GUT HEALTH



CLOBALLY

2.3 billion people have no basic sanitation facilities

ALMOST

1.8 billion people drink water contaminated by faeces.

\*\*Operation of wastewater flows back into the ecosystem without being treated without being treated.



# Acknowledgements

HEC/British Council INSPIRE & SPEKE program



- Microbiology & Public Health: Campy-Helico Faculty Lab Members
- Zobia Noreen
- Fariha Siddiqui
- Sundus Javed
- Prof. R. Titball
- Prof. B. W. Wren





